



2018 Ignatian 5-Month Prayer Retreat Presented by Renewal Ministries Northwest

Hearing, Recognizing and Responding to the Voice of Jesus through Prayer
"and his sheep follow him because they know his voice."— John 10:4

A Guided 5-Month Prayer Retreat This retreat introduces you to the Spiritual Exercises of Ignatius of Loyola (16th century). They will help you to engage in a regular practice of "time apart with God" while going about your everyday life. Through these prayer practices, you will grow in your ability to be attentive and aware of God's presence and to listen to God speak into your life.

What are the Spiritual Exercises? The Spiritual Exercises are an invitation to renew and deepen our relationship with Jesus Christ through prayer and meditation on Scripture. The Exercises are not intellectual exercises - teaching a set of theological propositions. The Spiritual Exercises are a series of prayerful meditations on Scripture that help us to clarify and deepen our devotion to Jesus Christ.

What does the commitment look like? We meet one Saturday a month from January to May, and you commit to a daily time of prayer. You are provided with guided prayer exercises to aide you in your daily times of meditation and prayer.

Dates and Times:

Saturday January 27 - 9:00 a.m. - 3:30 p.m.
Saturday February 24 - 9:00 a.m. – 1:00p.m.
Saturday March 24 - 9:00 a.m. – 1:00 p.m.
Saturday April 21 - 9:00 a.m. – 1:00 p.m.
Saturday May 19 - 9:00 a.m. – 1:00 p.m.

Location: Sisters of St. Joseph of Peace—Peace and Spirituality Center, Bellevue

Cost: \$450 (includes retreat materials and snacks – payment options available.)
\$390—Early-Bird rate before Jan. 1, 2018

Facilitators: Rev. Dianna Kunce and Rev. Denise Easter and Rev. Dr. Bob Slater

For Information and Registration: Visit our website at www.renewalminnw.org , call 425-361-7953, or email renewalministries@live.com